
THE MENU



KUDAFUSHI SPA



Welcome to our Kudafushi Spa...

At Kudafushi Spa, we believe in a holistic approach to well-being where mind, body, and spirit come together to experience true relaxation and rejuvenation.

Our Expertly designed treatments are crafted to help you relax, refresh and restore balance. Allow our talented and professional team guide you on a journey of well-being and tranquility.



KUDA FUSHI
MALDIVES

SPA ETTIQUETTE

Operation Hours

Kudafushi Spa is open from 10:00 am until 8:00 pm daily.

Reservation

We recommend scheduling your spa treatment in advance. To make a reservation, please visit us or contact our spa reception at extension 505. Our spa team will gladly assist you in choosing the treatment of your choice.

Arrival

Please arrive 15 minutes prior to your appointment in order to complete your health assessment form and relax before starting your treatment.

Cancellations and Late Arrival

As a courtesy to our guests, please provide 6 hours' advance notice if you must cancel or reschedule your appointment. Less than 6 hours' notice of cancellation will incur a 50% late cancellation fee, and a 100% charge will apply for no-shows. In the case of a late arrival, the length of your treatment will be shortened to end as scheduled, allowing our therapist to take their next schedule appointment on time.

Health Condition

Please advise us of pregnancy or health conditions when booking your treatment that may affect your experience.

Recommendations

We recommend that jewelry and valuables be kept in the safety box available in your villa. The spa is not responsible for the loss, damage or misplacement of personal items. We kindly request that you refrain from using mobile phones in the spa to ensure a tranquil environment.

Guest Conduct and Smoking Policy

All treatments are based on a strictly clean and therapeutic approach. We reserve the right to remove any guest from spa premises for inappropriate behavior even though she/he was charged for the treatment. Smoking and consumption of alcohol are strictly prohibited in the spa area.

Charges

All treatments will be charged to your villa and appear on your account at the time of check out.

Taxes & GST

All prices are in USD and subject to an additional 10% Service Charge & 16% GST.



SIGNATURE PACKAGES

COUPLE'S SPECIAL

A special package designed for couples, bringing you closer to your loved one. Perfect for anniversaries, special occasions, or simply enjoying quality time together.

COUPLE'S DELIGHT

80 minutes/ \$185

A relaxing maldivian massage for the couple, designed to relieve stress and promote relaxation, followed by a coconut face exfoliation and face massage that leave the skin feeling hydrated and plump.

EVERLASTING

110 minutes/ \$275

Re-energize your body with a soothing de' stress muscle massage for two, followed by a traditional facial for her to refresh and rejuvenate. For him, enjoy a relaxing foot wrap combined with foot reflexology to relieve tension and promote relaxation.

COUPLE'S RETREAT

140 minutes/ \$335

Indulge in the ultimate treatment, beginning with a body scrub to exfoliate and refresh the skin. Followed by a relaxing couple's massage, and finishing with a nail file and polish for her and an express pedicure for him. This experience leaves you both feeling pampered, relaxed and beautifully refreshed.

ONE-DAY BLISS

JET LAG REVIVAL

60 minutes/ \$80

Back, Neck & Shoulder Massage
Foot Relaxer
Head Massage

COOLING

(after sun treatment)

60 minutes/ \$85

Cucumber Body Wrap
Cucumber Refresher Facial
Aloe Vera Body Gel

BACK BEAUTY

80 minutes/ \$95

Back Scrub
Back Wrap
Back, Neck & Shoulder Massage

BALANCE

110 minutes/ \$130

Body Scrub OR Traditional Facial
Choice of Classical & Healing Massage

CALM

140 minutes/ \$165

Choice of Classical & Healing Massage
Selection of Body Wrap
Pedicure OR Manicure

PEACE

3 hours 10min/ \$245

Selection of Body Scrub
Kudafushi Signature Massage
Traditional Facial
Flower Bath

SAND BODY RITUAL

80 minutes/ \$130

(available from 4pm-5.30pm only)

A unique body treatment inspired by the beauty of the Maldives, combining a coconut oil massage with a white sand scrub on the beach to improve circulation, exfoliate and nourish the skin with natural salt minerals.

All prices are in USD and subject to an additional 10% Service Charge & 16% GST.

THERAPEUTIC MASSAGE SELECTION

SERENITY TOUCH

KUDAFUSHI SIGNATURE MASSAGE

80 minutes/ \$110

110 minutes/ \$130

Immerse yourself in a sublime signature therapy inspired by the beauty of the island and its natural heritages. A signature therapeutic massage using young coconut, locally known as 'gobolhi' in the Maldivian language, combined with unique movements that focus on delivering a deeply calming experience.

KUDAFUSHI FUSHION MASSAGE

50 minutes/ \$145

Feel the ultimate ecstasy of power by four trained hands of two therapists work together to soothe your tired muscle and lift your energy level to reach your peak.

TRADITIONAL AYURVEDIC

ABHYANGGA MASSAGE

50 minutes / \$95

80 minutes/ \$110

A flowing rhythmical Ayurvedic body massage to restore energy combining deeply healing and rhythmical techniques to rejuvenate the body. Warm herbal oil is applied on the body with varying amounts of pressure to restore the flow of prana (life force) and to stimulate the body's vital energy.

MARMA MASSAGE

50 minutes/ \$95

80 minutes/ \$110

Marma points are centers of vital Prana, the energy behind life's processes. Blockages from toxins, stress, and negative emotions can cause pain and disease. Let our therapists stimulate and balance your Marma sites to restore energy flow and promote healing.

DETOXIFICATION

TRADITIONAL BAMBOO MASSAGE

80 minutes/ \$110

110 minutes/ \$130

A unique healing therapy that combines warm organic coconut oil and bamboo sticks to apply pressure and massage the body. The bamboo rods are rolled, tapped, or glided along the muscles, helping to detoxify, release tension, enhance circulation and alleviate discomfort.

LYMPHATIC DRAINAGE MASSAGE

80 minutes/ \$110

110 minutes/ \$130

A holistic therapeutic massage using special techniques such as scooping and pumping on specific lymph nodes & points in the body to promote healthy lymphatic system. Recommended for detoxification, reduction in fluid retention and to boost the immune system

DEEP TISSUE MASSAGE

80 minutes/ \$110

110 minutes/ \$130

A Therapeutic therapy that combines the techniques of deep tissue massage with the use of heated herbal poultices focuses on realigning deeper layers of muscles and connective tissues by physically breaking down the adhesions to relieve pain. Recommended for chronically tense and contracted areas such as stiff neck, lower back tightness and sore shoulders.

WARM STONE MASSAGE

80 minutes/ \$110

110 minutes/ \$130

Enjoy the warmth from heated basalt stones as they are massaged onto your sore, achy muscle, helping to melt away layers of stress and induce deep relaxation. This is the ultimate treatment for muscle tension.

CLASSICAL & HEALING

BALINESE MASSAGE

50 minutes/ \$75

80 minutes/ \$95

A traditional therapy combines soothing movements and palm pressure to relieve tension, improve blood circulation and calm the mind. Leaving your entire body in equilibrium of inner peace and health.

MALDIVIAN MASSAGE

50 minutes/ \$75

80 minutes/ \$95

A signature of relaxing massage therapy combines long strokes and gentle stretching to rebalance & rejuvenate the body, using a blend of warm organic coconut oil infused with local medicinal herbs.

THAI MASSAGE

50 minutes/ \$75

80 minutes/ \$95

An ancient oil free massage therapy incorporates stretching, compressions and pressure points focusing on body's main Zen or Energy channels to release blockage and enhanced flexibility. It is a unique blend technique of yoga and acupressure.

SWEDISH MASSAGE

50 minutes/ \$75

80 minutes/ \$95

A classical therapeutic massage movement works on stimulating blood flow and relieve muscle strain to relax, invigorate the entire body & mind.

DE-STRESS MUSCLE MASSAGE

50 minutes/ \$75

80 minutes/ \$95

A therapeutic body massage designed to release tension in tight, stressed, and aching muscles using techniques such as deep kneading, friction and stretching. Recommended to improve circulation, warm the muscle & aid the dispersion of lactic acid.

HEALING MASSAGE

50 minutes/ \$75

80 minutes/ \$95

A dedicated holistic therapeutic body massage to restore your overall well-being. Feel your tense melts away with combination of massage techniques to bring back your vitality to balance.

BACK & SHOULDER MASSAGE

50 minutes/ \$75

A targeted massage designed to relieve tension and discomfort in the back, neck, and shoulders. Recommended for individuals experiencing chronic tension, or stress-related discomfort.

HEAD & FACE MASSAGE

50 minutes/ \$75

A specialized relaxing therapy that stimulates the facial muscles, scalp, and head to improve circulation, reduce headaches, and ease facial tension. Pure organic coconut oil is used to nourish the scalp and promote healthy hair growth.

FOOT MASSAGE & REFLEXOLOGY

50 minutes/ \$75

This foot to knee massage combines relaxing foot massage techniques with targeted reflexology, applying pressure to specific points on the feet that correspond to body organs and systems. This therapy enhances circulation, relieves tension and promotes overall balance & well-being.

BODY SCRUB

Body Scrub is a treatment that exfoliates and removes dead skin cells, leaving your skin soft, smooth and radiant.

50 minutes/ \$70

(application of body lotion is included)

COFFEE

A powerful ingredient of anti-aging and rich in antioxidants that help soothe irritated skin and reduce the appearance of cellulite.

ORANGE

Vitamin C in orange helps defend against oxidative stress and keeps skin cells healthy by improving collagen production

COCONUT & ALOEVERTA

The perfect combination cleansing properties and calming benefits makes it ideal for nourishing and refreshing the skin.

BODY WRAP

Body Wrap is a nourishing treatment where your body is wrapped with a specially formulated product to enhance absorption, promote detoxification and hydrate the skin.

50 minutes/ \$70

(application of body lotion is included)

CUCUMBER

Cucumber as a natural astringent properties can aid in reducing puffiness and promoting a more even skin tone.

COCONUT

With coconut fruit extract which help the skin stay moisturized and beneficial to soothe irritated and dry skin.

GREEN TEA

A strong antioxidant that protects the skin from damaging effect of free radicals and slows down the ageing process.

TRADITIONAL FACIAL

50 minutes/ \$75

A truly beauty facial extravagance can be tailored to meet your individual needs, using a blend of natural and plant based products to cleanse, tone, and hydrate your skin for glowing and refreshed appearance.

Choice of face mask:
Vitamin-C Mask to boost collagen production.
Floral Mask to detoxifies and firms the skin.

MANICURE

50-60 minutes/ \$60

A classic manicure treatment includes cleansing, nail grooming, exfoliation and a soothing hand massage leaving them radiant and glowing, color application included.

EXPRESS MANICURE

30 minutes/ \$40

Nail trimming, filling & cuticle removal.
(nail polish not included)

PEDICURE

50-60 minutes/ \$65

Pamper your weary soles with our revitalizing pedicure treatment includes cuticle and nail trimming, callus removal and application of nail polish.

EXPRESS PEDICURE

30 minutes/ \$45

Toe nails cleaning & quick callus removal.
(nail polish not included)

FILE & POLISH

30 minutes/ \$35

Let us fix and perfect your nails!



● ADD ONS ● SHORT RELAXING TREATMENTS

REFRESHER FACIAL

30 minutes/ \$50

A quick refreshing treatment using only natural ingredients like honey, yogurt, coconut oil and aloe vera to cleanse and nourish the skin, with choice of a carrot or cucumber mask. (face exfoliation not included)

HEAD MASSAGE

30 minutes/ \$50

Focusing on your forehead and scalp, this treatment helps boost relaxation & reduce headaches.

FACE MASSAGE

30 minutes/ \$50

Let go of any tension and relax your facial muscles with a calming massage for your face and neckline.

BACK MASSAGE

30 minutes/ \$50

A massage on your back, upper shoulder and neck to relieve pain and ease stiffness.

FULL LEGS MASSAGE

30 minutes/ \$50

Relieve the soreness of your entire legs, from the thighs to the calves and feet.

FOOT RELAXER

30 minutes/ \$45

A foot relaxer massage soothes and refreshes tired feet.

BATH RITUAL

30 minutes/ \$40

With choice of flower bath OR herbal bath.

STEAM & SAUNA

30 minutes/ \$35

JUNIOR SPA ESCAPE!

Designed for children aged 4-11 years and must be accompanied by parents!

LITTLE RELAXER

30 minutes/ \$45

50 minutes / \$65

A gentle body massage for kids to relax the muscles, improve circulation, and promote calm, designed for comfort and relaxation.

KIDS PAMPERING

50 minutes/ \$70

A combination of relaxing back and shoulder massage followed by natural honey and cucumber face mask.

TINY TOES AND FINGERS

50 minutes / \$60

An early start to establishing personal grooming habits. Nail will be shaped, followed by foot and hand care, polish application included.

ON REQUEST

Private Massage Class

Duration: 3 hours

Learn How to:

Back Massage - \$250

Foot Massage - \$200

IN YOUR VILLA TREATMENT

Let us pamper you with your choice of our selected treatments as you relax in your villa.

Terms & Conditions:

Available only from 11 AM - 6 PM.

Minimum treatment of 50 minutes.

An additional 25% surcharge will apply.

All prices are in USD and subject to an additional 10% Service Charge & 16% GST.

JOURNEY DAYS

Embark on a journey of daily rejuvenation with our spa treatments, reiki and yoga sessions, leaving each day feeling refreshed, energized and glowing with health and vitality.

4 DAYS - REVITALIZING JOURNEY

Reignite your energy through a transformative massage experience. Refresh, rejuvenate, and embrace your vibrant self.

\$315

Day 1 - Kudafushi Signature Massage 80min
 Day 2 - Balinese Massage 50 min
 Day 3 - Maldivian Massage 80min
 Day 4 - De' Stress Muscle Massage 50min

6 DAYS - HEALING JOURNEY

Step into tranquility and let go of stress. Heal from within and emerged renewed.

\$525

Day 1 - Healing Massage 50min
 Day 2 - Deep Tissue Massage 80min
 Day 3 - Traditional Facial & Herbal Bath 80min
 Day 4 - Marma Massage 50min
 Chakra Meditation for energy balancing 60min
 Day 5 - Lymphatic Drainage 80min
 Day 6 - Reiki Therapy for energy healing 60min

7 DAYS - WELL BEING JOURNEY

Indulge in pure wellness and serenity. A journey designed to nurture and uplift your soul.

\$580

Day 1 - De' Stress Muscle Massage 50min
 Day 2 - Head Massage & Foot Reflexology 50min
 Day 3 - Abhyanga Massage 80min
 Chakra Meditation + Yin Yoga for energy balancing 60min
 Day 4 - Traditional Bamboo Massage 80min
 Day 5 - Marma Massage 50min
 Day 6 - Reiki for energy healing and stress reduction 60min
 Day 7 - Deep Tissue Massage 80min

5 DAYS - REBALANCING JOURNEY

Find harmony in every moment. Restore your body, mind and spirit to their natural balance.

\$420

Jet Lag Revival 60min - Day 1
 Body Scrub & Body Wrap 80min - Day 2
 Warm Stone Massage 80min - Day 3
 Restorative Yoga for stress relief 60min
 Swedish Massage 80min - Day 4
 Yoga Nindra for deep relaxation 45 min - Day 5

